

## MORNING PRAYER AT HOME IN PENTECOST SEASON

### STAY HOME AND PRAY TOGETHER!

#### Suggestions for the Saint Matthew's/San Mateo Church Family

*You may use either the Book of Common Prayer (BCP), or the bilingual Selected Liturgies (SL) from the Book of Common Prayer for your Morning Prayer worship service. If you prefer, links to the Book of Common Prayer in English and Spanish may be found on our Saint Matthew's/San Mateo website.*

*You may prepare a space for worship, indoors or outdoors.*

*If more than one person is present, decide who will be the leader for the Morning Prayer service. The leader will look at the Prayer Book and decide which canticles and prayers to use for your worship. Family members can take turns leading the service, if you wish.*

*If you can, place the Lectionary (the scripture readings and the collect for the day), and the sermon, also found on our Saint Matthew's/San Mateo web site, with your prayer book when you prepare.*

*If possible, begin your worship at the time of the service you usually attend. Other members of the church family will be joining you in heart, soul, and mind.*

*In the church, we light six candles behind the altar for Morning and Evening Prayer services. At home, use a candle or candles if you like, but don't worry if you don't have candles available.*

*If you are using a candle or candles, light them before the service starts.*

*Be still together for a few minutes before you begin.*

*You may follow the Prayer Book rubrics (in italics), or use the following suggested order of Morning Prayer.*

*All stand if possible for the beginning of Morning Prayer.*

The leader reads one (or more) of the scripture sentences for use at any Time, or the sentence for Occasions of Thanksgiving (BCP page 78 or SL page 20).

The leader introduces the confession, and all say it together (BCP page 79 or SL page 23).

The leader says the lay person's absolution (BCP page 80 or SL page 25).

The leader continues on the same page with the Invitatory sentence, and all read the response and the Gloria Patri with Alleluia.

The leader reads one of the antiphons for use on other Sundays (BCP page 81 or SL page 27).

Then all say the Venite (Psalm 95:1-7) or Jubilate (Psalm 100) together (BCP page 82 or SL page 29).

Everyone sits for the Psalm of the Day (BCP page 84 or SL page 33) from the Lectionary handout.

The other lessons from the Lectionary handout follow the Psalm. Usually, everyone sits for the readings, and stands to read together the canticles that follow each reading.

The reader introduces the readings, including the gospel, as follows: A reading from \_\_\_\_\_.

At the end of the readings, all respond with: Thanks be to God.

A reader reads the Old Testament lesson, then leads everyone in reading a canticle- (BCP pages 85-95 or SL pages 35-55).

A reader reads the Epistle, then leads everyone in reading another canticle from the pages above.

A reader reads the Gospel.

Then, the leader may read the sermon, if you wish.

All stand for the Apostles' Creed (BCP page 96 or SL page 57).

All may stand or kneel, and the leader leads the Prayers (BCP page 97 or 98 or SL page 59 or 51), choosing either option "A" or "B".

All pray together the Collect of the Day (from your Lectionary handout), and the Collect for Sundays (BCP page 98 or SL page 61).

The leader adds one or more of the collects (BCP 99-100 or SL 63 and 65) and chooses one of the Prayers for Mission (BCP 100-101 or SL pages 65-67).

Next, the leader invites everyone to pray the prayers they have on their own hearts.

All pray together the General Thanksgiving (BCP page 101 or SL page 67) and the Prayer of Saint Chrysostom (BCP page 102 or SL page 69).

The leader reads the versicle (BCP page 102 or SL page 67), and all respond, adding alleluia, alleluia!

Morning Prayer concludes with the leader reading one of the final scripture sentences (BCP page 102 or SL page 69).

Be still together for a minute or two.

Know that all our times, day or night, are in God's loving hands!

Extinguish your candle(s).